

TOP 20 TRAINING

MAKING A POSITIVE DIFFERENCE THROUGH SOCIAL-EMOTIONAL DEVELOPMENT.

🌐 www.top20training.com

📞 651 | 308 | 4876

✉ info@top20training.com

Reducing Negativity: Eliminating Thought Circles and Tornadoes

Experiences and relationships are diminished by negativity. This session draws attention to negativity in our thinking and social conversations and how negative thinking and communication can be minimized.